



Dear Provider,

Pain Connection would like you to refer suitable chronic pain patients to an exciting new innovative program called **Filling the Gaps in Pain Care**. It is an 8 week evidence based wellness program designed for people with pain and their families to improve their ability to cope with and ***manage chronic pain more effectively in collaboration with their health care provider***, resulting in increased sense of well-being and improved quality of life.

**Filling the Gaps in Pain Care** is a cutting edge program that recognizes the complexity of treating chronic pain and addresses physical, emotional, cognitive, social and environmental issues that contribute to the chronic pain experience:

- Evidenced based curriculum including didactic and experiential skill building in mind body and self-care skills
- Participants commit to attend weekly sessions and daily practice of learned skills
- The program teachers are licensed clinicians with extensive background working with people with pain
- Clients are assessed for social and emotional functioning
- Small groups to increase individual attention and enhance supportive environment
- Significant others included as program participants along with clients
- Outcome criteria measured and impact is assessed for pain intensity, physical functioning, emotional functioning and patient's global impression of change
- Cost effective program that can complement and enhance other treatment methods

I will be contacting you in the coming week and look forward to working with you in the near future.

Sincerely,

Gwenn Herman, LCSW-C, DCSW  
Executive Director

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*Pain Connection is a 501(c)(3) whose mission is to help people with chronic pain improve their quality of life.*